

Amber Lynn Weiseth

EDUCATION:

2018	Healthcare Administration and Nursing Leadership	Doctorate of Nursing Practice (DNP)	University of Minnesota
2016	Healthcare Administration and Nursing Leadership	Master of Science, Nursing	Western Governors University
2003	Nursing	Bachelor of Science, Nursing	Seattle Pacific University

ACADEMIC APPOINTMENTS:

2021– present	Health Policy and Management, T.H. Chan School of Public Health, Harvard University	Research Scientist
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LICENSURE AND CERTIFICATION:

2009 – present	Certified Nurse, Inpatient Obstetrics	National Certification Corporation
2003 – present	Registered Nurse, #RN00150760	Washington State

OTHER ACADEMIC APPOINTMENTS

2019 – 2021	T.H. Chan School of Public Health, Harvard University	Research Associate
2018 – 2019	T.H. Chan School of Public Health, Harvard University	Visiting Scientist

MAJOR ADMINISTRATIVE RESPONSIBILITIES:

2024 – present	Chief Executive Officer	Unravel Healthcare
2021– present	Director	Delivery Decisions Initiative, Ariadne Labs
2018 – 2021	Associate Director	Delivery Decisions Initiative, Ariadne Labs

2017 – 2018	Assistant Director	Maternal-Infant Health Initiatives, Washington State Hospital Association
2015 – 2017	Charge Nurse	Family Maternity Center, Evergreen Health

COMMITTEE SERVICE:

2023 – present	Board of Directors - National	Association of Women's Health, Obstetrics and Neonatal Nursing
2021–present	Planning Committee - Massachusetts	Association of Women's Health, Obstetrics and Neonatal Nursing
2019 – present	Management Committee Member	Obstetrical Care Outcome Assessment Program, Foundation for Healthcare Quality
2020 – 2021	Advisory Board Member	Maternal Morbidity and Mortality, National Quality Forum
2016 – 2018	Interstate Advisory Board Member	Maternal Data Center, California Maternal Quality Care Collaborative
2016 – 2018	Advisory Board Member	Smooth Transitions, Foundation for Health Care Quality

PROFESSIONAL SOCIETIES:

2015 – present	Member	Association for Women's Health, Obstetrics & Neonatal Nursing
2018 – 2020	Member	Sigma Theta Tau International Society of Nursing

EDITORIAL ACTIVITIES:

2021 – present	Review Board	Journal of Perinatal & Neonatal Nursing
2021	Reviewer	BMC Pregnancy & Childbirth
2020 – 2021	Guest Editor	Journal of Perinatal & Neonatal Nursing

HONORS AND DISTINCTIONS:

2025	Fulbright Specialist	U.S. Department of State	U.S. Fulbright Program
2017	Nurse of the Year	March of Dimes	Surgical/Procedural Award
2017	Nursing Excellence Award	Evergreen Health	Clinical Practice
2003	Cum Laude	Seattle Pacific University	

FUNDED GRANTS AND UNFUNDED PROJECTS:

COMPLETED GRANTS

December 11, 2023 – December 10, 2024	TeamBirth: Exeter Hospital, NH Exeter Hospital \$52,735 Principal Investigator Implement and measure TeamBirth patient experience at Exeter Hospital in NH
October 1, 2023 – September 30, 2024	TeamBirth: Cleveland Clinic The Cleveland Clinic Foundation \$60,000 Principal Investigator Implement and measure TeamBirth patient experience in two Cleveland Clinic sites
September 1, 2022 – August 31, 2024	Prenatal Care and Medical Educational Systems George Kaiser Family Foundation \$583,705 Principal Investigator

	Design and test TeamBirth tools in nursing and medical resident curricula and in the prenatal care space in Tulsa, OK
February 1, 2024 – July 31, 2024	TeamBirth: Nepal The Laerdal Foundation \$40,000 Principal Investigator Preliminary design and testing of TeamBirth in the Nepalese context
May 1, 2021 – June 30, 2024	TeamBirth Oklahoma Oklahoma State University \$650,000 Principal Investigator Implement TeamBirth in 46 birthing hospitals across the state of Oklahoma
January 1, 2023 – December 31, 2023	Tech Enabled TeamBirth Yellow Chair Foundation \$200,000 Principal Investigator Digital version of TeamBirth shared decision making board
January 1, 2022 – December 31, 2022	TeamBirth Providence Health & Services \$100,000 Principle Investigator TeamBirth collaboration with Providence Health & Services to improve the wellbeing of mothers
January 1, 2022 – December 31, 2022	Tech Enabled TeamBirth Yellow Chair Foundation \$200,000 Principal Investigator Digital version of TeamBirth shared decision making board
October 1, 2020 – December 31, 2022	TeamBirth in Michigan Regents of the University of Michigan \$50,050 Principal Investigator Implement TeamBirth in Michigan to measure dignity and experience in childbirth
January 1, 2019 – December 31, 2022	Expanding Audit and Feedback to Influence Nurse Practice and Improve Childbirth Outcomes Rita and Alex Hillman Foundation \$600,000

	Principal Investigator Test audit and feedback with nurses and nurse managers in WA state hospitals to reduce cesarean births
July 1, 2022 – August 30, 2022	TeamBirth George Kaiser Family Foundation \$573,961 Principal Investigator Implement TeamBirth in Tulsa, OK to measure dignity and experience in childbirth
September 1, 2020 – May 31, 2022	TeamBirth Harvard Pilgrim Health Care \$350,000 Principal Investigator Implement TeamBirth in New England to measure dignity and experience in childbirth
July 1, 2019 – June 30, 2021	Equity Gaps in Women’s Health Care Boston Foundation \$250,000 Co-Investigator Address Racial/Ethnic Inequities in Maternal Health through Coordination of Community-based Social Support in the Greater Boston Area
December 1, 2019 – June 30, 2021	City Challenge Merck \$1,000,000 Co-Investigator Design and test a scorecard for cities rating their performance on supporting growing families
December 1, 2020 – June 30, 2021	Creating the Enabling Environment: ICM Policy Brief International Confederation of Midwives \$27,000 Co-Investigator Develop policy brief on global midwifery
June 1, 2020 – February 28, 2021	COVID-19/OB Response Betty Moore Foundation \$74,000 Co-Investigator Develop immediately actionable lessons for health system improvement in obstetrics
June 1, 2020 – September 30, 2020	OB COVID Response Yellow Chair Foundation \$25,000 Co-Investigator

	Midwifery and community engagement in system improvements during COVID
June 1, 2020 – August 30, 2020	OB Response Rita & Alex Hillman Foundation \$50,000 Co-Investigator Bring health leaders and community members together to provide innovations obstetrical COVID challenges
January 1, 2020 – December 31, 2021	Expecting More Rita and Alex Hillman Foundation \$123,250 Co-Investigator Use art and media to maximize storytelling to drive change in maternal health care
October 1, 2019 – March 31, 2021	Nurse Influence CRICO \$200,000 Co-Investigator Survey of individual nursing beliefs, attitudes and practices to understand their impact on childbirth outcomes
January 1, 2019 – December 2020	Making Childbirth Safer Yellow Chair Foundation \$700,000 Co-Investigator Use media, speaking and written narrative to drive change in maternal health in the US
2018 – 2022	A randomized controlled trial to help pregnant people select a higher quality hospital using a mobile app tool, the delivery decisions trial Ovia
October 1, 2018 – October 31, 2019	Nurses Influence Rx Foundation \$242,000 Co-Investigator Compare three different methodologies to assign nurse cesarean birth rates
January 1, 2016 – December 31, 2019	Team Birth Peterson Foundation \$2,063,000 Co-Investigator

Design and test a solution to reduce cesarean births and improve safety and dignity in childbirth

ACTIVE GRANTS

January 2025 – December 2027

TeamBirth: Postpartum
Rita and Alex Hillman Foundation \$600,000
Principal Investigator
Design and test processes and tools for expanding TeamBirth into postpartum, outpatient healthcare

January 2025 – December 2025

TeamBirth Convening
Skyline Foundation \$233,000
Program Director
Design, plan, and execute a TeamBirth convening to bring together experienced TeamBirth stakeholders in order to identify ways to scale TeamBirth to all birthing sites in the country.

October 2024 – September 2025

TeamBirth: University Hospitals
University Hospitals Cleveland Medical Center
\$113,752
Principal Investigator
Spreading TeamBirth to five Cleveland, Ohio area birthing hospitals

October 2024 – September 2025

Integrating Qualitative and Quantitative Data to Measure the Impact of Quality Improvement Interventions on Childbirth Outcomes, Maternal Health Disparities and Patient Experience
Obstetrical Care Outcomes Assessment Program (OB COAP) of the Foundation for Health Care Quality \$26,231.51
Principal Investigator
Capture and link patient survey information within the detailed OB COAP clinical registry, measure and evaluate changes related to TeamBirth, and create new metrics reflecting the integration of qualitative and quantitative data.

August 2024 – August 2025

A Collaboration to Improve Safety and Dignity in Maternity Care for People Giving Birth in Boston and Beyond
Anonymous Donor \$438,761
Principal Investigator

	Spreading TeamBirth through improved training tools and studying best practices of integrating doulas into the TeamBirth care team.
July 1, 2024 – June 30, 2029	Improving Safety, Patient Experience, and Equity through Shared Decision-making Huddles (I'M SPEAKING) PCORI \$450,000 Co-Principal Investigator Implement and measure TeamBirth patient experience in collaboration with the Illinois Perinatal Quality Collaborative
January 1, 2024 – December 31, 2026	TeamBirth: Dallas/Fort Worth Child Poverty Action Lab \$457,148 Principal Investigator Implement and measure TeamBirth patient experience in 15-18 Texas hospitals and study the role of doulas in TeamBirth implementations
October 15, 2023 – October 14, 2025	Raising the Bar Robert Wood Johnson Foundation \$236,411 Principal Investigator Implement and measure TeamBirth patient experience as part of broader maternal health equity project at two sites in NJ
August 31, 2023 – August 30, 2025	TeamBirth: Tennessee Vanderbilt University Medical Center \$122,125 Principal Investigator Implement and measure TeamBirth patient experience in five Tennessee birthing hospitals
January 1, 2022– Active	Shared-Decision Making in New Jersey New Jersey Department of Health \$150,000 Principal Investigator Implement and measure TeamBirth patient experience in New Jersey in three hospitals

TEACHING AND TRAINING:

2015-2017, Obstetric Emergencies: theory and simulations, EvergreenHealth. Taught cohorts of 6-8 nurse residents on responses to high risk obstetric emergencies

2016, Quantitative Blood Loss Measurement, EvergreenHealth. Led education sessions for physicians, midwives and nurses

2013-2014, Classical Essentials, Classical Conversations. Taught English grammar, writing and math to middle school students

2010-2013, Classical Foundations, Classical Conversations. Taught elementary students history, math, science, English grammar and Latin

ADVISORY AND SUPERVISORY RESPONSIBILITIES

2025 - present	Hannah Shoshan	Supervisor	Project Assistant III Ariadne Labs
2024 - present	Jodie Simms-Macleod	Supervisor	Implementation Specialist Ariadne Labs
2024 - present	Isabel Griffith	Supervisor	Research Specialist Ariadne Labs
2024 - present	Indigo Miller	Supervisor	Sr. Implementation Specialist Ariadne Labs
2024 - present	Whitney Miller	Supervisor	Implementation Specialist Ariadne Labs
2024 - present	Kaya Duguay	Supervisor	Project Coordinator I Ariadne Labs
2024 - present	Kelsey McLernon	Supervisor	Project Assistant III Ariadne Labs
2023 – present	Angela Chien	Supervisor	Implementation Specialist Ariadne Labs
2022 – present	Joyce Edmonds	Supervisor	Sr. Research Scientist Ariadne Labs
2022 – present	Tyler Fox	Supervisor	Project Coordinator I Ariadne Labs
2022 – present	Abby Slattery	Supervisor	Implementation Scientist Ariadne Labs
2021 – present	Jonathan Wolinsky	Supervisor	Associate Director, Ariadne Labs
2021 – present	Misha Severson	Supervisor	Sr. Implementation Specialist Ariadne Labs

2021 – present	Lynn El’Chaer	Supervisor	Research Assistant III Ariadne Labs
2021 – present	Trisha Short	Supervisor	Senior Implementation Specialist Ariadne Labs
2020 – present	Yara Altaher	Supervisor	Research Specialist Ariadne Labs
2023 – 2024	Shanell Brown	Supervisor	Implementation Specialist Ariadne Labs
2022 – 2024	Lindsey Renner	Supervisor	Research Assistant III Ariadne Labs
2021 – 2024	Alea Challenger	Supervisor	Research Assistant II Ariadne Labs
2020 – 2023	Amani Bright	Supervisor	Senior Project Coordinator Ariadne Labs
2020 – 2022	Aizpea Murphy	Supervisor	Administrative Assistant Ariadne Labs
2020 – 2022	Amanda DiMeo	Supervisor	Research Manager Ariadne Labs
2020 – 2021	Elizabeth Curtis	Supervisor	Research Assistant II Ariadne Labs
2019 – 2021	Victoria Paterson	Supervisor	Research Assistant II Ariadne Labs
2019 – 2021	Leigh Graham	Supervisor	Scientific Lead Ariadne Labs
2018 – 2020	Jocelyn Fifield	Supervisor	Research Manager Ariadne Labs
2018 – 2021	Avery Plough	Supervisor	Research Specialist Ariadne Labs
2018 – 2020	Pargol Borojerdi	Supervisor	Administrative Assistant Ariadne Labs

2018 – 2019	Amber Rucker	Supervisor	Senior Project Coordinator Ariadne Labs
2018 – 2019	Reena Aggarwal	Supervisor	Research Fellow Ariadne Labs
2017	Melissa Carpenter	L&D preceptor	Registered Nurse EvergreenHealth
2017	Talia Kostal	L&D preceptor	Registered Nurse EvergreenHealth
2008	Cindy Laney	L&D preceptor	Registered Nurse EvergreenHealth

INVITED PRESENTATIONS:

February 2025	TeamBirth: Respectful Maternity Care in Action	Zurich University of Applied Sciences
November 2024	TeamBirth in Oklahoma	OPQIC Summit 2024
November 2024	TeamBirth: Solution for Dignity and Equity	Northern New England Perinatal Quality Improvement Network
October 2024	Beyond the Huddle: Ways Nurses Can Lead Dismantling the Power Hierarchy - Strategies for Relationships with Each Other, Physicians and Patients	Washington AWHONN Conference
August 2024	TeamBirth: Improving Respectful Maternity Care	Zurich University of Applied Sciences
June 2024	Stewardship into the Unknown	Hillman Scholars Program in Nursing Innovation
March 2024	From Spread to Scale: Updates on TeamBirth's Journey to the Standard of Care	Ariadne Labs All Lab Meeting
February 2024	TeamBirth: Process Innovation for Clinical Safety, Effective Communication, and Dignity in Childbirth	Alliance for Innovation in Maternal Health; The American College of Obstetricians and

March 2025, Amber Weiseth

Gynecologists

February 2024	Upstream: Integrating TeamBirth Skills into Nursing Education	Tulsa Community College Deans and Directors Presentation
January 2024	Reimagining the Childbirth Experience	Harvard T.H. Chan School of Public Health Studio
January 2024	Designing for Scale: Nurse-Led Health System Innovation	Johns Hopkins University Visiting Faculty Lecture
November 2023	TeamBirth	New York Perinatal Public Health Conference
July 2023	Keynote: Oh, The Places You'll Go: Following Your Vision	AWHONN - Florida
July 2023	TeamBirth: Innovation to Improve Equality and Equity in Childbirth	AWHONN - Florida
February 2023	Ariadne Labs – TeamBirth	Johns Hopkins University: Built to Scale
June 2022	We're all in: Putting the Patient at the Center of their Care	AWHONN - National
April 2022	TeamBirth: Safety and Dignity for all	AWHONN - Massachusetts
April 2022	We're all in: Putting the Patient at the Center of their Care	AWHONN - Oklahoma
October 2021	Panel Presentation: Strategic Partnerships to Enhance Quality and Optimize Outcomes during Facility-based Childbirth	International Federation of Gynaecology and Obstetrics
September 2021	Quality and Safety for Nurse Leadership	University of Minnesota, DNP cohort
June 2021	Implementing the Team Birth Program to promote effective communication, safety, and dignity in childbirth	International Confederation of Midwives Conference, virtual event

June 2020	Nurse Impact WA: Measuring the Impact of Labor and Delivery Nurses	Foundation for Healthcare Quality Annual Conference, virtual event
January 2020	Mother as a member of the birth team: Respectful Care During Pregnancy, Labor and Delivery	International Meeting of Stimulations in Healthcare, San Diego, CA
December 2020	Boston College Population Health Seminar: Nursing and Public Health	Boston College, virtual event
November 2020	Implementing TeamBirth to Promote Effective Communication, Safety, and Dignity in Childbirth	AWHONN Annual Convention, virtual event
October 2020	Implementing TeamBirth to Promote Effective Communication, Safety, and Dignity in Childbirth	Virginia Perinatal Quality Collaborative, virtual event
November 2020	Research and Innovation in Maternal Health	OptumLabs Research & Translation Forum, Boston, MA
February 2019	Designing Systems that Improve Care for Every Mother, Everywhere	UMass Memorial Medical Center, Worcester, MA
October 2018	Promoting Safety for Community-Based Birth Transfer	Association for Women's Health, Obstetrics & Gynecology. Chelan, WA
September 2018	Maternity Bundle Payment for Washington State.	Bree Collaborative. Seattle, WA
June 2018	Quantitative Blood Loss Measurement	Overlake Medical Center. Bellevue, WA
May 2018	Opioid Epidemic	University of Iceland Nursing School. Reykjavik, Iceland
June 2017	Lean Principles in Quality Improvement for Labor and Delivery	Evergreen Health. Kirkland, WA

BIBLIOGRAPHY:

Neergheen VL, Chaer LE, Plough A, Curtis E, Paterson VJ, Short T, Bright A, Lipsitz S, Murphy A, Miller K, Subramanian L, Radichel E, Ervin J, Castleman L, Brown E, Yeboah T, Simas TM, Terk D, Vedam S, Shah N, **Weiseth A.** (2024). Assessing patient autonomy in the context of TeamBirth, a quality improvement intervention to improve shared decision-making during labor and birth. *Birth*. 51(4):855-866. doi: 10.1111/birt.12857.

Johnson, C. M., Renner, L. R., Neergheen, V. L., Chien, A., **Weiseth, A.** (2023). Implementing shared decision making in labor and delivery: TeamBirth is a model for person-centered birthing care. *OBG Management*, 35(10). <https://doi.org/10.12788/obgm.0311>

Mehrotra, A., Wolfberg, A., Shah, N. T., Plough, A., **Weiseth, A.**, Blaine, A. I., Noddin, K., Nakamoto, C. H., Richard, J. V., & Bradley, D. (2022). Impact of an educational program and decision tool on choice of maternity hospital: the delivery decisions randomized clinical trial. *BMC pregnancy and childbirth*, 22(1), 759. <https://doi.org/10.1186/s12884-022-05087-y>

Weiseth, A., Plough, A, Aggarwal, R, et al. Improving communication and teamwork during labor: A feasibility, acceptability, and safety study. *Birth*. 2022; 00: 1– 11. doi:[10.1111/birt.12630](https://doi.org/10.1111/birt.12630)

Spiegel, L, Plough, A, Paterson, V, et al. Implementation strategies within a complex environment: A qualitative study of a shared decision-making intervention during childbirth. *Birth*. 2022; 00: 1– 15. doi:[10.1111/birt.12611](https://doi.org/10.1111/birt.12611)

Gourevitch RA, Natwick T, Chaisson CE, **Weiseth A**, Shah NT. Variation in guideline-based prenatal care in a commercially insured population. *American Journal of Obstetrics and Gynecology*. 2021. doi:10.1016/j.ajog.2021.09.038

George, E., **Weiseth, A**, Edmonds, J.K, (2021) The Role and Experience of Registered Nurses on Labor and Delivery Units in the United States during the COVID-19 Pandemic. *Journal of Obstetric, Gynecologic, & Neonatal Nursing*. August 25, 2021 doi: [10.1016/j.jogn.2021.08.096](https://doi.org/10.1016/j.jogn.2021.08.096)

Edmonds, J.K, Woodbury, S, Lipsitz, S, **Weiseth, A**, Greene, N, Shah, N.T., Gregory, K. (2021). Comparing methods of identifying outlying nurses in audits of low-risk cesarean rates. *Journal of Nursing Care Quality*. August 24, 2021 doi: 10.1097/NCQ.0000000000000588

Ojo A, Beckman AL, **Weiseth A**, Shah N. Ensuring Racial Equity in Pregnancy Care During the COVID-19 Pandemic and Beyond [published online ahead of print, 2021 Jun 28]. *Matern Child Health J*. 2021;1-4. doi:10.1007/s10995-021-03194-4

Chaisson CE, Ameli O, Paterson, VJ, **Weiseth, A**, Genen, L, Thayer, S. A Claims-Based Severe Maternal Morbidities Measurement Framework to Identify Geographic Variation in a Commercially Insured US Population. *J Perinat Neonatal Nurs*. 2021; 35:3: 1-10. DOI: 10.1097/jpn.0000000000000580

Edmonds, JK, **Weiseth, A**, Neal, BJ, Woodbury, SR, Miller K, Souter, V, Shah, NT. Variability in cesarean delivery rates among individual labor and delivery nurses compared to physicians at

three attribution time points. Health Serv Res. 2021; 56: 204– 213. <https://doi.org/10.1111/1475-6773.13546>

EDITORIALS

Edmonds, J.K & **Weiseth, A.** (2021). From the Editors Perinatal Section, *Journal of Perinatal and Neonatal Nursing*, 35(3). 199 - 200 doi: 10.1097/JPN.0000000000000583

ABSTRACTS

Gourevitch, RA, Natwick, T, Chaisson, CE, **Weiseth, A**, Shah, NT. Is Prenatal Care Consistent with Clinical Guidelines? The Association of Quality of Care with the Quantity of Visits and Patient Characteristics. Academy Health Annual Research Meeting, 2021 [Poster].

Shah, NT, Plough, A, **Weiseth, A**, Richard, J, Mehrota A. A Randomized controlled trial of education and a hospital lookup tool on a woman's choice of hospital for people giving birth: The Delivery Decisions Trial. Academy Health Annual Research Meeting, 2021 [Poster].

Edmonds, J.K, **Weiseth, A**, Neel, BJ, Woodbury, S, Miller, K, Souter, V, Shah, N.T. Variability in Cesarean Delivery Rates Among Individual Labor and Delivery Nurses Compared to Physicians at Three Attribution Time Points during Childbirth. Academy Health Annual Meeting Proceedings, 2020 [Poster].

OTHER PUBLICATIONS

COVID-19 and the Momentum for Better Maternal Health Care. Ariadne Labs. November 2020. <https://covid19.ariadnelabs.org/wp-content/uploads/sites/6/2020/12/COVID-19-and-the-Momentum-for-Better-Maternal-Health-Care.pdf>

Plough A, **Weiseth, A**, Curtis E, Edmonds J, Esqueda MC, Young HM, Shah NT. Accelerating Momentum: How COVID-19 Presents an Opportunity to Improve How We Care for Birthing People. Ariadne Labs Medium. November 2020. <https://ariadnelabs.medium.com/accelerating-momentum-how-covid-19-presents-an-opportunity-to-improve-how-we-care-for-birthing-2d4e5f44ef9d>

Weiseth, A. Birthing Connection. Expecting More. November 2019. <https://www.expectingmore.org/2019/11/04/birthing-connection/>

CONFERENCE ORGANIZING:

June 2020	Obstetrical COVID Innovation Collaborative. Ariadne Labs. Conference Organizer. Boston, MA
January 2019	Team Birth Expert Consultation. Ariadne Labs. Conference Co-Organizer. Boston, MA.

September 2018	Safe Deliveries Fall Learning Collaborative. Washington State Hospital Association. Conference Organizer. Seattle, WA.
March 2018	Safe Deliveries Spring Learning Collaborative. Washington State Hospital Association. Conference Co-Organizer. Seattle, WA.
September 2017	Safe Deliveries Safe Table. Washington State Hospital Association. Conference Co-Organizer. Seattle, WA.

MEDIA APPEARANCES:

May 2022	Aftershock. Sundance Film Festival.
May 2019	Team Birth Interview. Injoy Health Education Podcast. Longmont, CO.
February 2019	Team Birth Interview. Boston25 News. Boston, MA.