

CURRICULUM VITAE

Amy Dempsey, DNP RNC

Professional License: State of Colorado - RN License

Educational Background

April 2022

Doctor of Nursing Practice

Regis University

Denver, CO

August 2004

Masters of Science, Nursing

Emphasis in Education

Saginaw Valley State University

Saginaw, Michigan

May 1991

Bachelor of Science, Nursing

Bethel College

St. Paul, MN

Professional Experience

- 2005- Present **Nursing Professional Development Specialist**, Lutheran Medical Center, Wheat Ridge, Colorado
- 2004-2005 **Staff Nurse – Labor and Delivery**, Lutheran Medical Center, Wheat Ridge, Colorado
- 2003-2004 **Birth Center Educator—Family Birth Center**, Covenant Health Care, Saginaw, Michigan
- 1999-2003 **Staff Nurse – Labor and Delivery**, Covenant Health Care, Saginaw, Michigan
- 1996-1999 **Staff/Charge Nurse – Family Birth Center**, Elko General Hospital, Elko, Nevada
- 1995-1996 **Staff Nurse – Labor and Delivery**, California Pacific Medical Center, San Francisco, California
- 1991-1995 **Staff Nurse – Postpartum, Antepartum, Nursery**, Rush Presbyterian St. Luke's Medical Center, Chicago, Illinois

Professional Activities

Memberships

- **Association of Women's Health, Obstetric and Neonatal Nursing (AWHONN)**
Member since 2001, Denver Chapter Coordinator (2018-2021), Colorado Chair (2016-2018), Emerging Leader 2017, OPS Instructor (2019-Present), Education Advisory Council (2019-2020)
- **American College of Obstetricians (ACOG):** Associate Member since 2006
- **Association of Nursing Professional Development (ANPD):** Member since 2025

Certifications/Instructor Roles

- AWHONN Fetal Heart Monitoring Instructor 2004-present
- NRP Instructor 2003 - present
- NCC, Inpatient Obstetric Nurse Certification 2006-present
- NCC, Fetal Monitoring Certification 2020-present
- AWHONN Obstetric Patient Safety Instructor 2018-Present

Current/Past Activities

- **Co-Facilitator for Perinatal New-to-Specialty AWHONN POEP Courses (1996-present)**

- Colorado AWHONN state planning committee for annual conference (2013-2025)
- AWHONN National Education Advisory Committee Member (2019-2020)
- Colorado Perinatal Care Quality Collaborative Steering Committee Member, SOAR Project (Reducing Primary Cesarean Deliveries) (2019-Current)
- Colorado Perinatal Care Quality Collaborative Steering Committee Member, Turning the Tide (Perinatal Substance Use Disorder) (2024-Current)

Awards / Honors

- Inducted as an AWHONN Fellow, 2026
- Denver Regional Nurse Association, Nursing Excellence Award, 2025
- National AWHONN Emerging Leader 2017
- Lutheran Medical Center Nurse of the Year 2016
- National AWHONN's Award of Excellence in Practice 2016
- Colorado AWHONN Outstanding Nurse Award 2013
- Colorado Nightingale Nominee 2006, 2021

Presentations/Publications

- **Publication: Hoskins, C., Dempsey, A. and Kaley, K. (2024). Timing of Catheter Removal and Effect on Urinary Retention after Cesarean Birth.** Journal of Obstetric, Gynecologic and Neonatal Nursing. 53(16): 618-624.
- **Publication: Lowery, D., et al. (2023). OB HUB: Remote Electronic Fetal Surveillance.** MCN, The American Journal of Maternal/Child Nursing. 48(2):62-68, March/April.
- **Publication: Hoskins, C., Dempsey, A. and Brou, L. (2022). A Mixed Methods Study of the Effect of Abdominal Binders on Opioid Use and Postoperative Pain after Cesarean Birth.** Nursing for Women's Health. doi: 10.1016/j.nwh.2021.12.002
- **Publication: Javernick, J, Dempsey, A. and De Leon, B. (2021). Low-Intervention Birth Suites Within a Community Hospital: An Innovative Approach to Perinatal Services.** Journal of Midwifery & Women's Health. doi:10.1111/jmwh.13207
- **Publication: Dempsey, A. (2021). "Obstetrics and Gynecology"** in ASPAN'S; Perinesthesia Nursing Core Curriculum (4th ed). Elsevier.
- **Publication: Dempsey, A., Krening, C., Vorgic, L. (2020). Multi-Site Randomized Controlled Trial of Bladder Management in Labor with Epidural Analgesia/Anesthesia.** Journal of Obstetric, Gynecologic & Neonatal Nursing. 49:564–570. <https://doi.org/10.1016/j>
- **Poster Presentation: To Cath or Not to Cath? That is the Question!** Association of Women's Health, Obstetric and Neonatal Nurses State and National Conference. (Fall 2020).
- **Poster Presentation: Birthing Center within a Community Hospital: An Innovative Approach.** Association of Women's Health, Obstetric and Neonatal Nurses State and National Conference. (Fall 2020).
- **Publication: Javernick, J and Dempsey, A. (2017). Reducing the Primary Cesarean Section Rate: A Quality Improvement Project.** Journal of Midwifery & Women's Health.
- **Podium Presentation: Promoting Evidence-Based Practice to Standardize Assessment of Preterm Labor: A State-Wide Collaborative to Decrease Preterm Births and Low Birth-Weight Infants.** Association of Women's Health, Obstetric and Neonatal Nurses National Convention. (June 2017)
- **Poster Presentation: Chasing Sugars: Glucose Gel: Does it effectively treat neonatal hypoglycemia? A Quality Improvement Project.** Association of Women's Health, Obstetric

and Neonatal Nurses State Conference. (April 2017.) American Academy of Pediatrics (July 2017)

- **Poster Presentation: Enhancing the Health Outcomes of Premature Infants by Providing Delayed Cord Clamping.** Association of Women's Health, Obstetric and Neonatal Nurses State Conference. (April 2017)
- **Poster Presentation: Reducing the Cesarean Section Rate in First-Time Mothers: A Quality Improvement Project.** Association of Women's Health, Obstetric and Neonatal Nurses National Convention. (June 2016)
- **Publication: Manfre, et al. (2015). Hydrocortisone Cream to Reduce Perineal Pain after Vaginal Birth: A Randomized Controlled Trial.** MCN, The American Journal of Maternal Child Nursing.
- **Poster Presentation: Misoprostol for Cervical Ripening: Vaginal or Oral?** Association of Women's Health, Obstetric and Neonatal Nurses National Convention. (June 2015)
- **Poster Presentation: Family Centered-Care During Cesarean Delivery: A New Approach.** Association of Women's Health, Obstetric and Neonatal Nurses National Convention. (June 2013)
- **Poster Presentation: Using the Massive Transfusion Protocol to Save Patient's Lives: A Case Study.** Association of Women's Health, Obstetric and Neonatal Nurses National Convention. (June 2013)
- **Podium Presentation: One Community Hospital's Journey to Successful Implementation of the IHI's Recommended Perinatal Care Bundles to Improve Patient Safety.** Association of Women's Health, Obstetric and Neonatal Nurses National Convention. (September 2010)
- **Publication: Gillesby, et al. (2010). Comparison of delayed versus immediate pushing during second stage of labor for nulliparous women with epidural anesthesia.** JOGNN, 39(6): 635-644.
- **Poster: Innovative Model for Clinical Nursing Research.** American Academy of Nursing: 34th Annual Meeting & Conference (November 2007)